

Tape M 1135,

Group I

Tuesday February 7th 1967

so I'm back. Im glad I came back yesterday instead of today. It was a little bit of a difficult trip from Santa Fe to here. But I'm glad, I'm glad I stopped in Santa fe because it'll be a little bit of a collecting point for us when we. I'm afraid we have to allow that huh. when we make the trip to the west coast. and by the way we have to make plans for that now so that also thowe from Seattle and Berkeley who plan to come. Some of them would like to meet us in santa Fe; some even want to come to new york and drive back with us all the way. So Jphn would you collect names so that we know who wants to come how far, what they can do, cars what ever is available, so that we can ~~talk~~ talk about it, so that we can plan, quite carefully, particularly about the cars, tires and the condition of the cars, how many plies and how the engine is going to run and what you can expect, yes, because a long rolling trip of four or five hundred miles a day, that is no, how you say it, "picnic". It will be after Easter, probably right after Easter. That would make it I think, the last week in March. Easter is ~~Thursday~~ the 26 the of March, Sunday. It would be the 28, Tuesday. But we'll settle that, I'll also write up what particular requirements might be for any one who wants to come, and they're not too much dependant on organization, and that each person will take their own responsibility. That after all is the purpose to see how you will do it even if you were alone.

I havn't heard much about the meetings, Mondays and Tuesdays, I think it's very good for you when I'm away. You have to stand on your own feet, You get into trouble together, you don't really know

how to handle certain things, but then that of course is to be expected. It just takes a little while before you really know how to answer the question, what it is, what is required from you when you have to listen, and to then be able to formulate a little to the satisfaction of everybody else. I think it's practically impossible, unless you ~~have~~ have had quite a bit of training and percivity. Well I think you are on the right road and for that reason I think it is perfectly fine if I go away again and stay away a little longer so that you have all kind of a chances, although when we do go some of the people probably will go along so that this will be a reduced kind of a group. I have been thinking about what to do, you see, here we are, on the west coast with, certain contacts which are increasing. Durring the time I was there we had four open meetings. One in portland, which resulted in a group ~~there~~ there, one in Seattle, One in Berkeley, one in Palo Alto. The attendance was very good. The difficulty is when ever you start a anything like that who is going to continue it. You see there is not enough equipment, and those then who do come when they are encouraged they of course have to be answered. and, if they are not answered correctly then the initial effort is practically gone. So, we will have to face it, that particular problem. Also you can say, why spread it around?- to much. You see that is a, you might say it's an open question. Now we will go about, this kind of Idea. Should it be for just a few, or should it be spread almost diluted. Gurdjieff had an Idea, you remember I may have mentioned it, that All and Everything should be read by people in the subway. And for that reason the format of the book is like a pocket book. Of course it is too heavy, for that, but, in any event, his idea was also to let

as many people know, and I think it's quite right, because out of the hundreds, maybe two or three who will really become interested. It is not a very big percentage. One should never have any Idea that one simply can baptize with a hose. It has to be done with small drops. And some won't even have a chance. That is in the nature of it . because whenever one becomes interested in inner life on the face of the earth their outer life is of paramount importance. When one talks about the possible development of an intellect and real conscious ~~may~~ wish, when the predominance of anyone particular person on earth is dominated by his physical body, You see you don't have much of a chance even to have people become interested and even when the interest is there they are going to translate that into a wish to do something about their possible evolution because there is ~~nothing~~ nothing to indicate that evolution is not only possible but even desirable and that the satisfaction we gradually have in this life is all the different things which are made easy for us, and of course will make us more and more lazy surely would indicate that perhaps it may not be necessary, and that sometimes these things can be done as a result of progress so that by taking a little pill like LSD we could develop an I, and all such nonsense is of course that is usually spell it out thinking that it might be possible to just sit home and become sacred and holy. Of course all of that is quite nonsensical from the standpoint of a person who knows more or less that it is quite impossible to become conscious overnight. At the same time percentage of the people that remain interested, and that even will remain interested like we have now some groups who might remain interested after I die or after I leave this earth who will continue there other problems that you have to face. I have to face them as long as I'm here, and for that reason I believe in the possibility of starting different things on a

certain level, and then one would almost say hoping that they will be taken up in the proper way. And, that for that reason a certain amount of energy is necessary after one has given enough to certain directions where then people can be assumed to have taken in more than sufficient in order to keep on then, walking on their own feet. I don't want you to be held by the hand all the time. You have to learn, and you have to learn with a great deal of seriousness, and really with an intensity which is a little bit more unusual as compared to ordinary affairs in life. So thinking about that particular problem and also the question of dilution of my own efforts in the direction of different places where I would like to start at least semblances of groups or at least could answer certain people who are definitely interested even if they don't make a group that perhaps by means of tapes certain things can be accomplished. Of course it is not everything and the question then again being here in New York with all of us where I spend most of my time. How are you equipped to handle all this, to some extent you know you're spoiled, ^{because} you have relied, and it was in the nature of things, you have relied on me. Now I eliminate myself a little, and there you are on your own. I say in thinking about this particular problem, it is of course, on the Tuesday group and group, the meetings on tuesday that I ~~am~~ would count most on. And at the same time I am also fully convinced that as we are ~~here~~ here now as a Tuesday group. That much less than half is capable of doing anything even on their own initiative or even with sufficient study for themselves knowing how to talk how to formulate and how to answer questions. I say it's obvious because it is a long time since it is necessary in order to equip oneself that way and also being limited in time I have to think of ways and means how

to improve it or at least make more of a concentrated effort. So for that reason I will start small discussion groups It'll be intirely selective, It'll be for my purpose you might say. It will be in order to discuss in reality all different aspects of work and based of course on the experience of each person of that little group can contribute to that and if they don't they don't belong there and it will be my choice of allowing or not allowing maybe changing here and there, allowing a person to come for a little while and then ask them to leave What ever it is I will have to regulate that to the best of my knowledge. In any event I want to start on that on Thursdays. The Thursdays that I am here, because every three weeks as you know I will be in Boston so that will eliminate that ~~part~~ particular evening. It will be between seven and eight, There will not be any tapes kept. So with this in mind, I will select— it is not a question of further discussion with me with anyone, It is not a matter of when one feels left out, that you art left out perhaps for a definite reason on my part, and that I have to be the ~~the~~ judge, and that when ever one is asked, it remains then for that particular person a secret not to be discussed with anyone else but only with those with whom he finds he has to match experiences of work. I want to make it quite clear what the purpose is. We have talked many times about how to fight, how to fight tendencies, how to overcome idiosyncracies and personalities traits. How necessary it is to cause friction within oneself, in order to make that particular form of energy available for further growth. There fore such people with whom I would like to discuss and with whom we will take tasks and where the task will have to be performed in accordance with definite rules that we lay down, with exercised and with things that go really into detail of you might call a little bit more of esoteric knowledge. That on them will depend the

possible further growth of these groups/ in New York. I have that in mind. I will talk perhaps more about it. ~~My~~ in any event as soon as I start some of you will know and who it is don't be jealous. You are entitled to come when your particular wish and desire and your form or behavior, and the way you are the way you manifest, the way you take work, really as work as an essential part of you, as something without which you could not really live, and that the emphasis for yourself is this particular desire that you wish to grow in the direction of objectivity, not in the direction of talking, and not in the direction of so called improvement, only in the direction of wanting to wake up, in order, then to be able to see what has to be done to you to yourself, not to someone else, and that these discussions will be completely above board, and I will not mince any words about anything, if I feel that is necessary for the growth of anyone, that I will tell the truth. To the extent at least that I know it, or that I believe in it. This I think is a requirement, because the Tuesday group as it is now is much too large, actually you hear me talk all the time. And perhaps it cannot be avoided. But there is then something which becomes of extreme importance to anyone who really wants to work. And to work in accordance with what we understand Gurdjieff to be. How soon we will start, what we will do, all of that is in the lap of the gods, if you will belong or not, also that you will find out. Perhaps the fact of such an existence of that kind of small limited group may help you to look forward to a possibility of belonging to it but I assure you that the rules are going to be extremely strict, otherwise it becomes wishey-washey, it will not do you any good, it won't do me any good either, and I would not have a feeling, that I had fulfilled the obligation which I think is necessary and which I have taken on myself to fulfill, before I die

Now what are the different things that have come up. You were in each others hair a little bit, You know what you have to learn and you don't know it. You don't know enough about it. In the first place you should know when to keep your mouth shut, and in the second place to be extremely tolerant about each other. And that even if ~~if~~ certain things are not to your liking that maybe they have a meaning and that even if you don't see that meaning that you allow it to exist, that you never should question the sincerity of a person unless he goes all over the place and is not sticking to the idea of work and when it is simply a matter of hearing himself talk later and that he wants to describe certain things about himself at the same time we never can judge really unless you know where he speaks from and if that is sincere that maybe a person like that is misguided and then you have to straighten it out, and straighten it out in very simple words, which many times ~~you~~ ^{you} don't do. Sometimes you allow things to exist which already should be cut off, a little earlier, and perhaps also you don't formulate about well enough for yourself to put certain things quite straight, logically built up, clear, and formulated correctly. In work later maybe we have a little discussion of this kind. We started to talk I think the first evening I was there, it may have been the second, about definition of words, that's particularly important for them, because there was an influx of new people, and it was necessary for them to know that they all talked the same kind of a language, and when a word like impartiality was brought up, that everybody knew what was meant and could explain it and express it in words that would be similar if not the same as what someone else might explain, so that there would not be any division between the older, so called older people.

There is a tape on that. In general we had meetings every evening. He also played some music, organ and piano, it was a busy time, it was a good time because there was interest, the contacts we have made are all right, Portland will continue as a group, Seattle will expand, Berkeley, Palo Alto already are sufficiently well established. There is a chance as you know, there are a few people who are out there, some in Santa Cruz, maybe Los Angeles, maybe Big Sur, is one of the reasons I want to go, because I want to spend there a little longer, probably more than a month, don't expect me back too soon. Prepare for it because this is the time to prepare, because at the end of March I will be away, Maybe all of April maybe all of May, so don't expect me back. When you cannot come along it is your responsibility to stay here. What ever it is that you can do then, it depends on you, you have to keep things going. I would advise you those of you who are interested, in this kind of work as a whole, listening to such tapes from such groups, they're sometimes up against it, sometimes they are very, very clear, formulation of ABC, in answer to some questions, I think it's most interesting, to really to listen, it will take a little bit more of your time, it will take your time even to listen to tapes which we have as meetings and where you are present, if you do do that, not for transcription purposes, but simply to listen, you will start to realize how little you take in, and that many times when you have been attending a meeting and then you listen to the tape, and then you are surprised that certain things were said which you probably didn't hear, or at least that you didn't take in. It'll always be that way, and when ever I say that there is enough material I really mean it. Some of you listen to an old tape "Purgatory", somewhere 39 or so, many years ago probably its about 10 years ago now, and fortunately that particular meeting we talked

about principles in the same way as we talk about it now, We have not deviated from that, it is still there, and every time it is recorded again and again, I would almost say for your benefit, if you want it, but you don't use it enough I am quite convinced, that you might use it after I die, perhaps, if you don't learn it now you won't learn it later, because ~~no~~one will remind you, to such an extent as I do , sometimes forcefully, that I believe that the reason why you really should be interested is for your own benefit, for your ~~own~~ growth for your own building up of becoming a man, and that you are at the present time, not at all a man, not at all complete, not at all balanced or harmonious, and that of ~~course~~ course the first question is is it necessary to become that on earth, in order to continue to live maybe, or, in order to discharge an obligation you may have, because you happen to be born and you wish to become responsible. and perhaps one can argue about that, and simply say that it is not necessary as yet to be conscious because perhaps , Jesus Christ or God can give the opportunity , if 'tis necessary to reach God, sometime sooner or later, that then such an opportunity will be given time and time again regardless of whatever one does with ones life at the present time, I don't believe so. I think there's a very definite limit, I think there are just a few knocks on the door of your conscience, If they are not answered and you don't open the door, I think those, and those persons perhaps or entities or spirits or what ever it is that makes knocks on doors, sometimes like fate, making you realize that time is of the essence. And that time for you you not only is limited but never will return. And that I believe quite definitely that there are certain opportunities given to man as he is on earth, which only on earth can be utilized. And that even the fact of recurrence

appearing the same time over and over and over again the same way that even during such a period who knows how many times you have been on this earth already recurring, and at the present time something knocks on your door in order to get out of it in some way or another and that perhaps you could reincarnate ~~again~~ and be come really, not only a human being, but a being of a certain quality. If you read Osokin you will know what ~~the~~ I mean. What made the change at the time? That was a knock on the door of Ivan, and he followed it and from then on the road was different. This is the consideration you have to make in this life. Because if you don't make it now then maybe with recurrences you will have to make it later. One can also believe that sooner or later I will be perfect if I just stick to it, and that it is up to God to take care of that, and that if his purpose is to unite all of humanity until finally they could become servants to him. Is it necessary then for the earth to continue to exist? Of course these are kind of philosophical problems and they may not have particular meaning as a whole or in general, but they do have a meaning for one's self. If it is really a fact that that which is one's own world should be developed to the greatest possible extent for one's self. During the time when there is a chance, and when you still have an ability and perhaps a flexibility to be come something that you are not at the present time/ Do you wish to take it or not. Yes, I think its a fundamental question for each person to decide that he wants to work because he must know by this time and particularly when he grows a little older that things are not going to change and that he will remain all the time the same same thing and that perhaps it will be worse because your ordinary eyes and your interests will be reduced, they will be closed, there will be something taking its place in more and more mechanicality of automatism or that which you might call a futherance of sleep and most likely much more intense. If you want to extricate yourself from that you

perhaps
 have to do something and at times/a little bit more radical than at this particular moment you even wish to do. How far it will go, how far you wish to work, in what way you really want to work, it depends on your experiences. You are sufferin maybe, the way you live, your age, the number of times you have been confronted with problems, which have to be solved if you have a conscience and when you will not pass up the opportunity of really trying to become a man if it is afforded to you if it is given to you if the chance exists for you if you feel that you should take it. You see from that basis work has to be understood, otherwise it has absolutely no sense, there is no sense of learning to become an ordinary better man and more kindness. It has to go much deeper than that, it has to touch that what you really are in your essence, and the realization of that what is essentially you, that, that is now covered up, and that it is in prison, and that it is not right to keep that in prison too long. And even if it is there too long, that is if it continues, in recurrence, to remain ~~in prison~~ imprisoned in you, and moreover the concept of the particular time that you now might happen to think about, it is not a succession of lives, one after the other, it is the totality of all lives now being lived by you, in any kind of a shape of form, regardless of what the circumstances are, and the different conditions of earth. against which we measure our life. This is of course, we call occurrence in the sense of history, but if that is eliminated as a time element all things in history have become one, we ourselves and all our lives are one and that then is the continued state of one out of which one hour you have to find a way out in order to free that what is life in you and give it a chance of existing next to and afterwards fused with infinity such problems you will have to face, I say it sooner or later. I think you will have to

It does not mean that you will, it's quite possible that you won't, It's quite possible that after some time you give up, or that you become discouraged, or that you think that all the efforts that you have made have been of no avail, and that really in that time you have wasted a great deal of energy, that may be quite possible for you and after some time you read, and you are not, will not remain interested in Gurdjieff, it has happened hundreds of times, with people, who were, at the time, interested, or at least confronted with the possibility, who by meeting Gurdjieff, were in his presence affected and then after some time, all they could do was to remember a little bit of it and write a book about it. You see such a thing in my opinion is really quite simple, because it is the utilization of certain things that now you pick up, and then afterwards you try to recall for your own little verification, and in reality nothing happened in you because you did not fall any particular possibility, or the actualization of that what is kerdjanian and soul, and that that what really should become a man is to have a soul with whom he then can go to God and show that he has worked, this is the emblem with which, you enter, you might say the kingdom of heaven, it is the way by which God will recognize you, assuming again that this kind of a metaphor, that there is some form of recognition of that what is the result of your work on yourself, and that to the extent that ~~the~~ this kind of objectivity actually exists in you, to that extent, you will have the freedom to leave this earth, and never having to come back. Perhaps it is something that you could keep in mind when you want is it really when one says freedom, freedom of what, freedom of everything that at the present time know, everything, everything you think about and everything you feel. Try to become free even from the thoughts of yourself,

the feelings of yourself, aside from all the different forms of manifestations, physically, that is simply the question of being, that what is you don't understand, and as a result whenever you talk about I, you simply impute to I certain characteristics, that belong to your personality only, and only belong to earth, and that all kind of descriptions, even if it has to do with objectivity, are of course not understood, because the simple fact of being, we don't know that only at times, when there is a moment of that kind of an existance and that we have to become much more free in our thoughts, to be able to consider a concept of freedom, for I existing and simply being and by virtue of it's being what ever it is, this is the state we wish, of being awake, and this is the reason that in ~~wish~~ wishing for that state, I should not wish for the elimination of everything that I now believe is in the way or that I would consider an obstacle. The fundamental difficulty about astrology and some of you have gone there to some people here and there. Don't be misled, not for one moment, all it will give you is a certain description of your type, the way ~~of~~ you are on earth, and the way earth, you might say as a center for your particular horoscope will give you an Idea of what you are and by extrapolation of what you will remain and become. and that there is no allowance made for work on oneself, which changes entirely the accent, of that what is geocentric, to a heliocentric one, and there is no astrologer who really undertakes or wants to undertake, the difficulty mathematically, and the time necessary to give you a real good horoscope based on the Sun as the center and that even if they did, they have no equipment at all to describe for you what is the state of an emotion or what is a state of consciousness, and what takes place in that, you see the difficulty

of that is immediately whenever you want to try to describe what is intellectually a conscious state, that you have to go through an experience of an emotional quality which is silence and which eliminates at such a time completely all formulation, all words all thoughts and all feelings, and that in its place there is something like a real emotional wish to remain in existence and in that way to try to do away with all the different things that now prevent you from existing, by simply saying I do not wish this I do not wish that without being able to define what it is that you really wish, you can say I don't wish subjectivity but the fact that you'd say I wish objectivity, has no meaning what-so-ever because you cannot describe it, this is the greatest difficulty in work, is to try to understand that when ever we talk about I, I doesn't exist you cannot describe it since you don't know what you are going to expect, you have no right even to try to think about it, all you have a right to is to be, and then if you can be awake, that then in that kind of a state, you will have an experience of an existing of something, that when it exists in its being, it is not at all what you expected it to be , all expectations , all philosophies all ideas about heaven , with the golden streets and so forth, of course is utter nonsense, everything of a relation to God as a person, sitting on a throne, everything relating to laws , of which we at the present time thing we know a little bit, on earth and gradually the reduction of such laws, this question of 48, 24, 12, ~~12~~ 6, 3, 1, and then, this one , that is the being, and it is no law, it is simply an existence, the question of absoluteness, the question of infinity, trying to measure it, these finite terms You see the difficulty is always that whenever I say "I" wish to observe me, what is really taking place in me, the recording of

that as a statement of ones behavior, simply being, whatever it is without further description, without even as you know a wish to change, just to be , and in that being awake, and maintaining it as a continuation of a moment , again a contradiction in terms because a moment cannot continue a moment only is and when it is it is everywhere, because of that it becomes eternal, in our ordinary terminology even eternal, it means it is objective to us when we are 100% subjective. These terms you have to learn gradually because you are not familiar with them and you have no experience, that is why work is so difficult, because one talks and talks, sometimes you even talk about being awake, you know you are not, you talk about it, you wish it, sometimes with all your heart, the more you can realize that in that moment of quietness, you simply have to be and to accept, that what takes place around you affecting you, and you digesting it , in such a way without any further wish, to make anything of it, that simply food for that what is eternity and life in you , definitions of magnetic center , definitions of I as a replica, definitions of God as that which is the totality of all "I's" , if the totality of all "I's" is free of dimensions, These concepts are extremely difficult to take even, even to talk about, or to have somekind of a semblance of what is meant by them, and that many times all out little theories and the questions about which we love to talk, and to bandy forth with all kind of arguments , left and right are very nice and interesting, but don't make too much of it. The practical application the way you are in your daily life, the way it is being seen sometimes by people from the outside, because they are a little bit less involved than you are , that perhaps some judgements they may have of you could be a little bit more objective than you yourself even

could master. That for yourself this question of becoming objective in the real sense of the word, of real observing and really becoming aware of your existence of yourself. It is so difficult because there are 99% ideas, immersed and connected with it are still entirely subjective. and to exclude them, to dissolve them, to take them away to allow them to go, to allow them to, you might say to set them free in order to free yourself, and that what is left of you, and that what is the reality of you, also a term, for what is this reality, something of a different kind of density, which we cannot as yet define, and that higher and higher density, of levels, subject to certain laws again, 24 and 12 and 3, and so what isn't this density, that for us it is outside of any kind of a form of existence, not even with ordinary senses perceived^{ed} imperceivable, but the extra sensory ones, we don't even know enough about that, and even that I assure you is not enough because it is still outside of the domain of what belongs to the ordinary spiritual world, this is in each man without ~~any~~ any doubt otherwise he would not live. The fact of his life, this real meaning of life, not a combination of certain cells in a certain way which start to function~~s~~ as life, there is because of the configuration of certain cells in relation to each other and the combination there is because of certain molecular attraction, between them, at certain times produces a form which we now call life because it has in it the possibility of a permanency of existing constantly and always, for ever and ever without ever having any difficulty about dying, It never will die, but before one starts to realize what this life is within one, one has to go through many~~y~~ many, layers, of all kinds of interpretations and theories, and at the same time don't stop because the only way by

which you finally will reach you might say, water, when you dig a well is to continue, ~~continue~~, continue, until the bitter end in which you as you are, you have been destroyed, and in its place something remained in existence which is already essentially you but you don't know it until, you might say the last moment in which perhaps at such a time you loose your breath in order to gain an ~~existence~~ ~~of~~ a realization of existence of your life within. This kind of a prayer this kind of establishing with that what one calls God, what is the belief in man, what is it that it can give you , what is it in you that at the present time can really produce a little semblance, perhaps a little taste. In the first place it is a creation in you of something that is for you, the most important, the most precious, the most real, it is based on that whatever your experience has been in which a great deal of your suffering should go and be converted into some kind of a again I have to call it a form, some kind of a concept, of an existence of life in you with out you. That is as if what is life in you now could exist without your manifestation, as if that what is life could be ~~god~~. without needing you to manifest it as if one at such a time would ~~be~~ willing to loose oneself completely in order to find the reality of ones self which then I could call God. Then the real meaning of not thy will but thine this in prayer in quietness in relaxation but not in sleep, in activity in that what is in a man ^{as} ~~when~~ he is alive and manifest and then realize that that what is beyond such activity and the need for that activity in order to be able to see beyond it and the realization that of that what exists as being which perhaps ultimately could produce the activity or even subjectivity of man These are the concepts that we have to deal with. They have to

with honesty, seriousness, a wish to ~~exist~~ create, a wish to ~~produce~~ produce something that doesn't exist at the present time, and yet you might say that you wish to exist because it is the only way by which you could make a replica of that what you already ~~exist~~ ^{think} ~~exist~~ exists in the totality of the universe ~~yourself~~. There is no possibility of an expansion of the universe in yourself could take place unless you are willing to give up practically everything, until the last moment, holding on to that what still you might say will give you life, you are willing ~~to~~ even then to sacrifice that, like Abraham had to give up his son, in order to realize then what is ~~really~~ ~~him~~ necessary to wrestle with God, or the necessity as Kierkegaard would say, in fear and trembling to realize then what is really him and to realize what is God and that what belongs to God as life, and that he himself in that life is willing to sacrifice all manifestations of a human being and keep that what he is as a being as God within. This kind of prayer I will advise you everyday to try it. So remember try to be honest that way. Your wish during a day to create something that perhaps could become more permanent or rather it will not be subject to the laws of destruction as we know it. Something that could be created and remain in existence for you forever and ever as made by you and which you have given it every thing that is holy and sacred in yourself to put it as content in that what is the creation even if that happens to be a certain form. This content, that is the life and this life can only be given by the completeness of yourself. Life will never be freed from you unless you become one within yourself having reached this entity. There is a possibility of life leaving you. If it is not complete ~~as~~ as the three centers even if they are not completely developed, if they are not complete

developed, if they are not complete in the sense that they have become one unit, there is no chance of any life ever leaving you the only time when you become one. That life is free because in that oneness the dimensions and the space and if that dimension in time will not be able to keep life because life is of the same order ^{fu} // an order that it created in one, in the form of that kind of creation that then life is then poured from you into that which becomes for you reality. this is the problem we have to face, this is the problem of life, this is the problem realization, How can I, an ordinary human being hope even to attain a possibility of consciousness. How is it possible for any one man even to think in certain terms about that what is infinity, how can a man really in this life be, and then, free from all things of this earth realizing that that it has to be killed or at least destroyed or perhaps put in the proper place, without and further attachments and that then in that kind of a freedom ~~as~~ as wishing totally of myself to become free, that I don't hang on not with anything of my subjectivity, that I am willing to give up the thoughts and the feelings and even the manifestation of my whatever, beautiful or wonderful body I seem to have that there is something then that remains and that with that I will like a phoenix be reborn because I will start a new life of my own, this is really the meaning of god and how to bring about that contact by prayer I say the unity of oneself, in which all of one has become free from bondage. By means of that there is the indication of what is really freedom to be as is to be for what ever it is but to be complete in being totally that what is then an entity, and existence and no more. An awakening and no more a freedom from sleep that we load on earth. the level of self consciousness of course ~~is~~ is a question of where this freedom

first becomes manifest again and again in a form which we now from our standpoint call self conscious and perhaps such a stepping stone in the same way as we know of a road to further development of intellect that we have to go through the level of a feeling and to perfect it and that the only time when intellect can continue to exist is when this feeling has become completely silent. For that reason that emotionally the only possibility of a realization of that what is an existence for one on an emotional basis can only be when there is no argument what-so-ever. and when the contact is 100 percent. This will be the freedom emotionally speaking and only then when that exists will it be possible for the intellect to continue to develop. for the time being intellect will furnish data, the body will simply furnish the possibility of the manifestation of such data, the result will be the neutralizer between the two as an emotion which then in that kind of a freedom of ~~now~~ oneness will enable one to leave this earth. Work it is the only thing. It is the only way, it is the only way by which you will ever understand it, it is the only way by which you will come to a conclusion, a realization, an actual experience, of that what is objectivity it is the only way by which you can understand earth for what ever it is. It is the only way by which you can understand real creation. A freedom of everything of you. Everything of self expression. Again in that creation not my will to express my art, my science, even my philosophy, but in that expression of even that what is my religion, it becomes gods religion within one because I am in that sense nothing., not even compared to that, I am not to be compared because I am nothing at all. there is nothing to compare there is only one and and that I wish. ~~and~~ I have to understand it from the basis of an experience of the oneness within myself

So we work then, I say it is the only way, you don't have to believe it, go ahead and pursue anything you wish, in which ever direction you think there is a solution for yourself, remain honest try to introduce at the proper time, that what is for you sacred, try to put in whatever you do hoping the totality of all your efforts of the three centers belonging together that in that you will then put that what is reality for you probably your life if you can and then see if after you could take away the form and still have the existence of that unity. This is the proof, take away everything of your creation as a form, and see if it still remains alive, its the meaning of new wine in old vessels, that you are willing to destroy your house in order to keep that what is represented by that what made a house, a home, in which you lived, and which then you take with you, not your house not your body, but you take with you that what has been created as belonging to that what is really the essential value. First to say kerdjanian, its only a word it doesn't mean anything but that what is really me, as me, and then not me, and then again "I". These are the steps for that I say you have to work, there is no other way out. There is no reading there is no meditation of this kind in which you are apt to fall asleep, there is activity of the body in order to see that as I said what is behind it back of it in it all through it, infinity has no end it is inside outside, through, everything of yourself, as it is now this moment with out any question could be at this time realized it could be made conscious for one if one wishes and then to live in that because that is where life really belongs in infinity there is no form, it simply happens to have a being. Prey for it. Think about it try to become honest with yourself, see what it is accept what ever you are, accept your suffering/suffering, don't go out of the way of it, eat it keep on, so withit what ever you wish but try to

wake up to it, as an opportunity for your self regardless if you like it or dislike it you take, take life, never mind what you suffer. you just keep on going having belief in that what is you, and with this all suffering could even become an opportunity for you, to wake up all your friends all your enemies, all your negativities, all your feelings good and bad, ~~XX/XX/~~ God and the devil all that belongs to the totality of the manifestation with which you have to become familiar, in order then to extract from it that what is life in that form, even if it is negative it is life in it, in that form being bound, you take it because that form is not the reality, say yes to life, never mind your body, never mind what other people will tell you, you remain for yourself within yourself, in the sacredness of that what is your inner inner world, you stay with that, you pray in that state, you make contact then hoping, almost aspiring to, and wishing to have within the inspiration to become silent so that you will finally hear the knocks on the doors, the door of your conscience and you are open, like the fifth symphony of Beethoven, the knock of fate. Sometimes you know strange enough to say, God calls you, but you must be alive, so that at that time you can say yes, here I am, You see I talk seriously because that for me is life. There is absolutely no reason to talk about you might say about anything else. There is not even a reason to talk about ordinary affairs of ordinary life. Sometimes it is not even necessary to talk about extraordinary things ~~XX/XX/~~ that effect one. Affections between us certain things that exist, naturally, and sometimes fortunately, and sometimes almost heavenly, all these things they continue, and they can continue to exist, but the only way is how awake I am. To be able to see it, to become aware of that what really exists

and to see in that the relationship as of value in which everything has it's place and I want to know where this place is so that I could use it, that at any one time I can go there, and use it to the extent that I know, knowing that what is needed for me as a certain medicine that I select, at that knowing that that what is my psychology, my life what is the requirement, I have said it many times that I have a psychological medicine chest for which I then can go and perhaps not even the label, that I know it but I know it by feel, I know it by form, I know it by the kind of bottle, I know it by a kind of color, I know the kind of smell, and these are the things that belong to my psychological cabinet, I don't need a doctor because how can he tell, what does he know about my own inner life, that is where I wish to live, that is where at times I do not wish anyone else to come in, I don't want to open the door, I want to find it out within myself. I will come to a conclusion of course I will, because I am alive it will have to come out. It will have to take away even the forms that I temporarily put up as a scaffold for the building of that what I would like to call

it a house in order to live in it, becoming a home in that I wish to invite a guest. What do I wish My I, to come home to me, this I wish to share, I wish this I to participate with me in my world so that my world then because of this guest, this kind of entity knowing not only knowing, understanding that what I can understand and then with this consciousness opening the door to my consciousness to be let in to know that only then when the two conscience and consciousness are together that I really then would have a will.

To be able to do as a man should be and be able to do in life what ever a man has to do, how to meet all things that he has to face, never to run away to be able to understand the meaning of his own existence. I say I am honest and serious about this, because I believe it is the only way by which life ultimately can be understood and that in this particular little difficulty of our lifetime that we have to face sometimes things that are a little disagreeable and not easy to take, and perhaps cause some suffering, Work through it, take it which ever way it is never loose patience always remain for your self in a state of equilibrium of dedication, of commitment, of fusion of becoming one within yourself after with everything outside of you, this is love for mankind, in which one finds his endlessness. I'll see you next week , Goodnight everybody.